

## 2018 Suicide Prevention Awareness Month Events Calendar

**October 30 – International Overdose Awareness Day** RELEASE | REFLECT|CONNECT, Contact for more information: 540.981.7357 [allin@carilionclinic.org](mailto:allin@carilionclinic.org)

**September 3** – Like #AskingSaves on Facebook and Twitter – Support suicide prevention in your region – Take the Pledge!  
<http://www.askingsaveskids.org/content/about-ask>

**September 4** – Visit the **National Action Alliance for Suicide Prevention** website:  
<http://actionallianceforsuicideprevention.org/home> to learn more how community can support suicide prevention

**September 8 – Roanoke Youth Summit 2018** hosted by the Roanoke Youth Services Board: 10am-2pm @ Patrick Henry High School open to middle & high school aged youth and their parents; register at Roanoke City Parks and Recreation, Free

**September 9 – National Suicide Prevention Day**; visit American Association of Suicidology for ideas to support suicide prevention: <http://www.suicidology.org/about-aas/national-suicide-prevention-week>

**September 9-15 – National Suicide Prevention Week** [Post the 2018 Suicide Prevention Week graph as your profile picture](#)  
Visit American Foundation for Suicide Prevention - AFSP: <https://afsp.org/campaigns/national-suicide-prevention-week-2018>  
Help Prevent Youth Suicide: Visit U OK? <http://www.suicidology.org/ncpys/u-ok-program>

**September 10 – World Suicide Prevention Day:** <https://iasp.info/wspd2018/>

**September 11** – **safeTALK** training, Suicide alertness for everyone, 5:30pm – 8:30 pm, Fincastle Library, 11 Academy St., Fincastle, VA, To register please email Sheila Lythgoe at [slythgoe@brbh.org](mailto:slythgoe@brbh.org) see flyer

**September 14** – **Movie Suicide: The Ripple Effect**; Expert panel discussion to follow, 9:30am @ Grandin Theater, 1310 Grandin Rd SW, Roanoke, VA, Free, see flyer  
**Lock and Talk** means safety campaign kickoff/ Press conference, 1:00pm CoLab, 1327 Grandin Rd SW, Roanoke, VA <https://www.sprc.org/video/reducing-access-to-means>

**September 16 – The Henry Street Festival** <http://harrisonmuseum.com/28th-annual-henry-street-heritage-festival/>

**September 18 – Youth Mental Health First Aid Class:** 8:30am - 5:00pm, @ Blue Ridge Behavioral Healthcare, 301 Elm Ave., Roanoke; To register please email Sheila Lythgoe at [slythgoe@brbh.org](mailto:slythgoe@brbh.org); fee \$25, see flyer  
**Free Yoga** <https://www.downtownroanoke.org/do/free-yoga-for-the-people-roanoke>

**September 20 – Adult Mental Health First Aid Class:** 8:30am - 5:00pm, @ Blue Ridge Behavioral Healthcare, 301 Elm Ave., Roanoke; To register please email Linda Lambert at [llambert@brbh.org](mailto:llambert@brbh.org); fee \$25

**September 21** – Learn about the National Suicide Prevention Hotline 1-800-273-TALK and get involved in supporting your community, <https://suicidepreventionlifeline.org/>

**September 22 – Adult Mental Health First Aid Class:** sponsored by Physicians Assistants Foundation, BRBH and Roanoke Public Libraries 8:30am – 5:00pm, @ Williamson Road Library, Roanoke, For information [hl640@georgetown.edu](mailto:hl640@georgetown.edu) To register <https://bit.ly/2M9xLyV> Free, see flyer

**October 4 & 5 – ASIST Applied Suicide Intervention Skills Training**, 8:30am – 5:00pm, Blue Ridge Behavioral Healthcare, 3517 Brandon Ave, Roanoke, VA Registration: Contact Linda Lambert at [llambert@brbh.org](mailto:llambert@brbh.org) or 540.982.1427, see flyer

**October 6 – Out of the Darkness Walk**, American Foundation for Suicide Prevention @ Roanoke College: Walk to Fight Suicide; register at [afsp.org/salem-roanoke](http://afsp.org/salem-roanoke)

